# STEP 1

Identify medial arch height

CAVUS

**MEDIUM TO HIGH** 

CHOOSE FROM:





**CHOOSE FROM:** 











## STEP 2

Identify foot & leg position

### **CHOOSE FROM**



Normal external tibial rotation **Neutral Toe Sign** Externally rotated





# **OR CHOOSE FROM**

Internally rotated

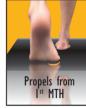




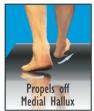
# STEP 3

Identify gait style

## **CHOOSE FROM**







# Toe-Out

■ 1<sup>st</sup> and 2<sup>nd</sup> MTH







## STEP 4

Check against callus pattern

### **CHOOSE FROM**









## OR CHOOSE FROM













Large Central MTH

OR CHOOSE FROM

Toe-In Gait

Propels from Ist and 2nd MTH



Neutral Gait

Causes Midtarsal

Joint Break-down

at Heel Rise





