

STEP 1

Identify medial arch height

CAVUS MEDIUM TO HIGH

CHOOSE FROM:



PLANUS MEDIUM-LOW TO LOW

CHOOSE FROM:



STEP 2

Identify foot & leg position

CHOOSE FROM



OR CHOOSE FROM



STEP 3

Identify gait style

CHOOSE FROM



A Narrow Gait



C Toe-Out Gait

OR CHOOSE FROM



B Toe-In Gait



D Neutral Gait



E Medial Heel Pivot



F Abducted Gait

STEP 4

Check against callus pattern

CHOOSE FROM



A 1st and 5th MTH



C Medial Hallux

OR CHOOSE FROM



B 1st and 2nd MTH



D 2nd MTH



E 2nd and 5th MTH



F Large Central MTH