



# DO YOU HAVE KIDS?

We want to  
see them!

Ask For A  
FREE Foot  
Screening  
For Your  
Children!

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## We want to see them!

**Did you know that Foot types are inherited just like eye and hair color?**

Bring your kids in for a FREE Foot Screening to find out  
how early intervention can help!



# Do You Have Kids? We want to see them!

Did you know that Foot types are inherited just like eye and hair color?

Bring your kids in for a **FREE** Foot Screening to find out how early intervention can help!



# We Now Dispense



littleSTEPS® foot orthotics for kids are the latest development in prefabs for kids 1-17 suffering from flat feet, toe-walking, foot alignment issues or other common pediatric foot ailments.

## Designed to Improve:

- ☐ Coordination
- ☐ Balance
- ☐ Pain
- ☐ Toe Walking
- ☐ Moderate In-Toeing
- ☐ Flat Feet

## Features:

- ☐ UCBL-type design with deep 30mm heel cup
- ☐ High medial and lateral flanges for more control
- ☐ Medial Rearfoot posting and skive for maximum calcaneal control
- ☐ Sizes fit most kids toddlers to teens

Ask us why littleSTEPS® are becoming the **PREFERRED** foot orthotic for Kids!



# We Now Dispense



Did you know that (your company) treats kids, too?

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Call us for an appointment

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Learn why littleSTEPS® are becoming the **PREFERRED** orthotic for Kids!

logo

or visit us online:  
(yoursite.com)  
for directions and more  
information.



littleSTEPS® is a product of NOLARO24 LLC, maker of the **QUADRASTEP SYSTEM**®

# DO YOU KNOW

Your ankle, knee, hip or back **PAIN** may be coming from your feet?

Foot pain is only **ONE SYMPTOM** of abnormal foot function?

## WE CAN HELP!

Ask your practitioner how you can **ENHANCE YOUR LIFE** with our **REVOLUTIONARY** family of pre-fabricated foot orthoses

### For Patients Struggling With:

- 👣 Runner's Knee
- 👣 Stress Fractures
- 👣 Plantar Fasciitis
- 👣 Ankle Pain or Instability
- 👣 Shin Splints
- 👣 Pain
- 👣 Fatigue

We have the most **AFFORDABLE** and **CORRECTIVE** pre-fabs on the market

Ask us about finding your Foot Type **TODAY**

The **NEXT STEP** in Foot Orthotic Design For the Entire Family

**QUADRATESTEP**  
 **SYSTEM**®  
Prefabricated Custom To Foot Type Orthotics

**QUADRATESTEP SYSTEM**® is a product of **NOLARO** 24<sup>LLC</sup> Proudly made in the U.S.A.



# (Company Name) Now Carries

The **NEXT STEP** in Foot Orthotic Design For the Entire Family

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- 👣 Pain
- 👣 Fatigue

## The **QUADRASTEP SYSTEM**® Offers:

- 👣 Pre-fabricated foot orthoses biomechanically tailored to each foot type
- 👣 No casting/impressions/scans required
- 👣 Immediate patient results
- 👣 Affordable price

**DON'T TREAT ALL FEET THE SAME!**

**CALL NOW**  
for an  
appointment  
**000.000.0000**

Logo Area

The **QUADRASTEP SYSTEM**® is a product of **NOLARO** 24™ LLC



# QUADRASTEP SYSTEM®

## A SEVERE PES CAVUS

**GAIT**  
Propels forcefully from 1<sup>st</sup> Metatarsal

**GAIT**  
Toe In Gait

- Poor Shock Attenuation
- Excessive Supination
- Narrow or Cross Over Gait

LARGE EXTERNAL TIBIAL/FIBULAR ROTATION

CAVUS / HIGH ARCH

LARGELY INVERTED HEEL ALIGNMENT

VALGUS FOREFOOT ALIGNMENT

CALLUSES

FOOT PROGRESSION ANGLE

**KEY ORTHOTIC FEATURES**

- Lateral Forefoot Posting
- 1<sup>st</sup> MTH Cut-Out
- Deep Lateral Heel Cup
- Equinus Correction

**POSSIBLE CLINICAL SYMPTOMS**

- Lateral Ankle Instability
- Peroneal Tendonitis
- Heel Pain
- 5<sup>th</sup> Metatarsal Base Pressure
- Lower Back Pain
- Sesamoiditis, HAV, Hammer Toes
- Knee Recurvatum

## B MILD PES PLANUS

**GAIT**  
Propels off 1<sup>st</sup> and 2<sup>nd</sup> MTH's

**GAIT**  
Toe In Gait

- Pronates through Mid-Stance
- Re-supinates in Propulsion
- Propels off 1<sup>st</sup> and 2<sup>nd</sup> MTH's

MILD-MODERATE INTERNAL TIBIAL/FIBULAR ROTATION

LOW-MEDIUM ARCH

MILDLY INVERTED HEEL ALIGNMENT

VALGUS FOREFOOT ALIGNMENT

CALLUSES

FOOT PROGRESSION ANGLE

**KEY ORTHOTIC FEATURES**

- Medial RF Posting
- Intrinsic Lateral FF Posting
- Mild Medial Skive

**POSSIBLE CLINICAL SYMPTOMS**

- Neuromas
- Sesamoiditis
- May occur with leg length discrepancies
- 1<sup>st</sup> Ray Hypermobility
- Sacro-iliac Pain
- Often Unilateral\*

\*Contact us for more information on our mis-match program.

## C NEUTRAL FOOT

**GAIT**  
Propels off 2<sup>nd</sup> and 3<sup>rd</sup> Metatarsal (due to Transverse Metatarsal Arch Reversal)

**GAIT**  
Toe Out Gait

- Poor Shock Attenuation
- Restricted STJ Pronation
- Propels off Medial Hallux

NORMAL EXTERNAL TIBIAL/FIBULAR ROTATION

MEDIUM ARCH

MODERATELY INVERTED HEEL ALIGNMENT

NORMAL FOREFOOT ALIGNMENT

CALLUSES

FOOT PROGRESSION ANGLE

**KEY ORTHOTIC FEATURES**

- Neutral RF Posting
- Medium Arch
- Standard Depth
- Great for Hip & Back Pain!

**POSSIBLE CLINICAL SYMPTOMS**

- Retrocalcaneal Bursitis
- Lateral Hip Pain
- Haglund's Deformity
- Lower Back Pain
- Iliotibial Band Syndrome
- Pinch Callus Medial Hallux

## D MODERATE PES PLANUS

**GAIT**  
Propels off 2<sup>nd</sup> and 3<sup>rd</sup> Metatarsal (due to Transverse Metatarsal Arch Reversal)

**GAIT**  
Toe In Gait

- Neutral Toe Out
- Pronation through Midstance
- Midtarsal Joint Instability

MODERATE INTERNAL TIBIAL/FIBULAR ROTATION

LOW ARCH

VERTICAL HEEL ALIGNMENT

NEUTRAL FOREFOOT ALIGNMENT

CALLUSES

FOOT PROGRESSION ANGLE

**KEY ORTHOTIC FEATURES**

- Deep Heel Cup
- Medial RF Posting
- Moderate Medial Skive
- Medial Flare

**POSSIBLE CLINICAL SYMPTOMS**

- Plantar Fasciitis
- Metatarsalgia
- Functional Hallux Limitus
- Patellofemoral Pain Syndrome
- Posterior Tibial Tendonitis
- Neuromas
- Dorsal Bunions

## E ABDUCTOVARUS FOREFOOT

**GAIT**  
Propels from Central MTH's

**GAIT**  
Lateral Column Instability

- Narrow Heel Base Gait
- Restricted Subtalar Pronation
- Pivots at 5<sup>th</sup> MTH in Propulsion

MILD INTERNAL TIBIAL/FIBULAR ROTATION

MEDIUM-LOW ARCH

ABDUCTED FOREFOOT

MILDLY INVERTED HEEL ALIGNMENT

VARUS FOREFOOT ALIGNMENT

CALLUSES

FOOT PROGRESSION ANGLE

**KEY ORTHOTIC FEATURES**

- Medial RF & FF Posting
- 5<sup>th</sup> MTH Cut-Out
- 1<sup>st</sup> MTH Relief
- Mild Medial Flare

**POSSIBLE CLINICAL SYMPTOMS**

- Shin Splints
- Plantar Fasciitis
- Tailor's Bunionette
- Cuboid Syndrome
- Medial Knee Pain
- Forefoot Equinus

## F SEVERE PES PLANOVALGUS

**GAIT**  
Propels from Central MTH's

**GAIT**  
Lateral Column Instability

- Pronates through Propulsion
- Severe MTJ Instability
- Propels from Central MTH's

LARGE INTERNAL TIBIAL/FIBULAR ROTATION

FLAT ARCH

LARGE TOE SIGN

EVERTED HEEL ALIGNMENT

VARUS FOREFOOT ALIGNMENT

CALLUSES

FOOT PROGRESSION ANGLE

**KEY ORTHOTIC FEATURES**

- Depth Orthosis
- Large Medial Skive
- Medial RF & FF Posting
- 1<sup>st</sup> MTH Cut-Out to ↑ Peroneal Function
- Ideal for PTTD!

**POSSIBLE CLINICAL SYMPTOMS**

- Posterior Tibial Dysfunction
- Tarsal Tunnel Syndrome
- Plantar Fasciitis
- Patellofemoral Pain Syndrome
- Subfibular Impingement
- Hallux Limitus
- Splayfoot

LEFT FEET SHOWN ABOVE

877.792.4669

thequadrastepssystem.com

QUADRASTEP SYSTEM®  
is a product of  
**NOLARO** 24<sup>TM</sup> LLC  
the alternative to custom orthotics